



When: August 24-26 2018

Where: Canada Games Centre

Who: Boys and Girls entering grades 7-10 for the 2018/19 school year

Cost: \$225

What you get:

- 1) Experience from some of the best coaches around Nova Scotia - including: **Rick Plato, Mike Leslie, Anna Stammberger, Parker Regan, Len Harvey, Eddie Robinson, Marc Ffrench, Steve Konchalski**
- 2) Mental skills training with Brian Fader
- 3) Strength and Conditioning with ProEdge
- 4) Sports nutrition with JROY Nutrition
- 5) Ambassadors bus ride to NS Sport Hall of Fame with pizza party and a Nova Scotia sport hero appearance
- 6) Camp of Excellence swag including reversible jersey
- 7) Showcase on Sunday

Limited spots available

Register now - christina@nsshf.com or www.nsshf.com



Coach and Trainer Bio's

Steve Konchalski - Coach K enters into his 43rd season as X-Men basketball head coach and he is the winningest coach in Canadian University Sport history. Over his 42 year career, Canada's Coach K has accumulated 876 career wins and led the team to 39 appearances in the AUS playoffs. Internationally, Steve served for 16 years as Assistant Coach of Canada's National Team (including three Olympic Games) and was Head Coach of Team Canada for four years (1995-98). He has been inducted into the Acadia Sports Hall of Fame, the Canadian Basketball Hall of Fame, the StFX Sports Hall of Fame and the Nova Scotia Sport Hall of Fame. In 1999 he was honoured as the inaugural recipient of the Frank Baldwin Memorial Award for dedication to basketball in Nova Scotia. (credit: STFX athletics)

Len Harvey - Head Coach Len Harvey is entering his third season at the helm of the Axewomen program, and has helped guide the team to two AUS playoffs, a CIS/U Sports Top 10 ranking, and an AUS finals berth last season. In his first season he helped guide them to a 16-4 regular season record, a 12 win improvement over the previous season, and a CIS Top 10 ranking. Before coaching at Acadia, Len was the assistant coach at Cape Breton University and the head coach at Mount Royal in Calgary.

Mike Leslie - The former assistant coach of the Island Storm and the current head coach of the Halifax Hurricanes, Coach Leslie comes with a wealth of experience and knowledge for the game of basketball. In 2018, Leslie was named Coach of the Month in the NBL twice, led the team to a 38-18 record and also claimed the Atlantic division once again. Leslie is a former president and director of elite development with Basketball PEI, a former assistant coach of the UPEI men's team and has instructed with the Canada Basketball Atlantic High Performance Program.

Darrell McLellan - Current head coach of the Basketball Nova Scotia U15 girls provincial team and the head coach of the Cobequid Education Centre girls high school basketball team. McLellan is also the technical director of the Colchester Basketball Association and an educator. Coach McLellan also worked as an assistant coach at Canada Basketball's Eastern Canada Assessment Camp.

Eddie Robinson - A native of Flint, Michigan known for his freakish athleticism, ability to score the basketball and jaw dropping vertical – Eddie Robinson played a remarkable college career earning him a spot in the NJCAA Hall of Fame. Upon completion of his collegiate career, Robinson played with the NBA's Charlotte Hornets from 1999-2001 then the Chicago Bulls.

Since his NBA career, Robinson has suited up for the NBA's G League, the National Basketball League of Canada, and most recently, Ice Cube's Big3 league which features former NBA stars.

In addition to playing, Robinson has served as a coach at many high school developmental camps across the United States and has been active in several charity initiatives for youth-at-risk, under-privileged children, and victims of bullying. The 2018-19 basketball season will usher Robinson in as the head coach and leader of Newbridge Academy's first-ever basketball program, where Robinson will adopt a defense-first mentality and encourage his players to dream big.

Anna Stammberger - Nova Scotia Sport Hall of Famer Anna Stammberger is beginning her ninth season with the Tigers. The 2014-15 AUS coach of the year, Stammberger was also a varsity athlete at Dalhousie University where she earned AUS MVP honours and CIS all-Canadian status twice. She was a CIS tournament all-star and in 1983 was named Dalhousie's Class of '55 Award winner as the university's top female athlete. Anna was also a member of Canada's national women's basketball team, competing in the 1984 Olympics; 1982, 1986, and 1991 World Championships, 1988 and 1992 pre-Olympic tournaments and numerous Pan American Games and World Student Games. From 1990-1992, Anna co-captained Canada's national team. From 1985-2003 Anna competed in Germany's first Division and was head coach of Athletic Club BG Rentrop Bonn for eight seasons.

Rick Plato - Another NS Sport Hall of Famer, coach Plato is the 2016-17 and 2015-16 AUS coach of the year with the Dalhousie Tigers as he enters his fifth season. In his first four seasons, he has led the Tigers to three consecutive AUS championship titles and a program-best bronze medal finish at the 2016-17 U SPORTS championship. He has an impressive 25-year history of producing high-performing Canadian Colleges Athletic Association (CCAA) teams at Mount Saint Vincent University and a solid playing career with the Saint Mary's basketball team. Plato started coaching the MSVU Mystics in 1989, leading them to 14 appearances at the national championship, including two national medals (bronze in 1992 and silver in 2008). His teams won 13 ACAA conference championships and were CCAA semifinalists in six of his last eight seasons. Plato was named ACAA Coach of the Year on 13 occasions and received the national CCAA Coach of the Year honour in 2009. In addition to his coaching experience at MSVU, he also served as an assistant coach with the Saint Mary's Huskies men's program from 1981-84 and seven years as a high school coach.

Parker Regan - Coach Regan enters his third season with the Women's Basketball Program at Kings College after spending two seasons with the Dal AC Rams. Parker has coached with the Thunder Selects Program for nine years, eight as Head Coach of High-Performance teams, working with age groups ranging from U14 to U17. His teams have competed in tournaments across North America, winning tournaments that include the Hall of Fame National Invitational Tournament Championships (x2) in Springfield, Mass. and an International Basketball Festival Tournament Championship in Montreal as well as other AAU and club tournament championships. He also introduced the King's Basketball Academy in the summer of 2016, which provides camps, clinics and skill sessions throughout the year. Sessions have been held in Halifax as well as other Nova Scotia communities and New Brunswick.

Chad Wadden - Wadden is heading back to the University of Kings College to return to the head coaching position for the men's program after completing his assistant coaching position at Dalhousie University. Wadden brings close to 20 years coaching experience to the UKC Blue Devils. He's been Assistant Coach for Basketball Nova Scotia, taking the team to the 2005 Canada Games, and has extensive high school basketball coaching experience.

He's done recruiting, organized training sessions, and overseen basketball camps and operations. At Dal, Wadden was involved in skill development, offense implementation, scouting and videotaping sessions.

Marc Ffrench - Coach Ffrench is originally from Kentville but has been living and coaching in Ottawa. He is a very successful high school girls' coach whose team has been to two consecutive NCSSAA championships. Marc is currently the director of Basketball Operations at King's-Edgehill School in Windsor and is the new Head Coach of the Girls Prep Team. He will lead the first year of this program to help girls achieve their goals of playing at the highest level.

Denton Anthony - Denton is another member of the X-Men staff entering his 14th season with the basketball program. He is also teaching at STFX in the Business Administration department. Previously, coach Anthony coached youth teams to city and regional titles in Ontario as well as serving as the regional coach with Ontario Basketball. This summer, he was the head coach of the Basketball Nova Scotia U14 boy's team with success in the Maritimes as well as the United States.

Trainers

Bryan Fader - Bryan is a mental skills and performance training coach. Currently working with Mount Saint Vincent University men's and women's basketball, soccer and volleyball teams, Bryan brings energy and knowledge on how to mentally prepare for practice, games and the biggest competition. He is also currently completing research in performance training during his MEd in Adult, Community, and Higher Education at Mount Saint Vincent University. Bryan recently had a TedTalk in Saint John New Brunswick. You can watch it here - <https://www.youtube.com/watch?v=2Zt6A20Mt78>

ProEdge - Helping athletes compete at the highest level possible with new age strength and conditioning training. All of the coaches are NSCA-certified (the gold standard in athletic training around the world) and are committed to helping athletes develop their full athletic potential, with backgrounds in competitive sports, degrees in kinesiology, and a passion to bring athletes the best. They are located in Bedford on Duke St.

Jessica Roy - A registered dietitian with the Nova Scotia Dietetic Association, with experience in sport nutrition, weight management, allergies/intolerances and prediabetes nutrition. Jessica also works with 902 Athletes to offer sport nutrition to crossfit athletes. She has a bachelor of Applied Science in Dietetics from Mount Saint Vincent University and a Bachelor of Science in Human Biology from Saint Mary's University.

